

RELAPSE

Choreographed by: Linda Pink L.V Country Line Dancers, Latrobe Valley, Victoria
Song: Relapse **By:** Jessica Meuse **Album:** Halfhearted
Count: 64 **Walls:** 4 **Level:** Improver **Date:** October 2018
 One Restart Introduction 16 Counts Min 4:31
Video: <https://youtu.be/22lioKBEdfE>

BEATS	STEPS	Call	DIRECTION
1,2 3,4 5&6 7,8	Step R to the side, Step L behind R Step R to the side, Step L across R Side Shuffle Right: R,L,R Step L behind R, Rock weight forward onto R	Extended Vine Right Side Shuffle Back Rock	12
1,2 3,4 5&6 7,8 #	Step L to the side, Step R behind L Step L to the side, Step R across L Side Shuffle Left: L,R,L Step R behind L, Rock weight forward onto L	Extended Vine Left Side Shuffle Back Rock	12
1,2 3,4 5,6 7,8	Step R to the side, Touch L next to R Step L to the side, Touch R next to L Step R to the side, Step L next to R Step R forward, Touch L next to R	Side, Touch Side, Touch Side, Together Step Forward, Touch	12
1,2 3,4 5,6 7,8	Step L to the side, Touch R next to L Step R to the side, Touch L next to R Step L to the side, Step R next to L Step L forward, Touch R next to L	Side, Touch Side, Touch Side, Together Step Forward, Touch	12
1,2 3,4 5,6 7,8	Paddle Turn: Step R forward, Turn ¼ Left take weight onto L Paddle Turn: Step R forward, Turn ¼ Left take weight onto L Jazz Box: Step R across in front of L, Step L back Step R to the side, Step L forward	Paddle Turn Paddle Turn Jazz Box	9 6
1,2 3,4 5,6 7,8	Step R fwd at 45 deg Right, Touch L next to R Step L back to the Centre, Touch R next to L Step R back at 45 deg Right, Touch L next to R Step L fwd to the Centre, Touch R next to L	K Step	6
1,2 3,4 5,6 7,8	Paddle Turn: Step R forward, Turn ¼ Left take weight onto L Pivot Turn: Step R forward, Turn ½ Left take weight onto L Toe Strut: Step R toe forward, Drop R heel Toe Strut: Step L toe forward, Drop L heel	Paddle Turn Pivot Turn Toe Strut Toe Strut	3 9
1,2 3,4 5,6 7,8	Pivot Turn: Step R forward, Turn ½ Left take weight onto L Pivot Turn: Step R forward, Turn ½ Left take weight onto L Step R to the side Push hips to the Right, Push Hips Left Push Hips Right, Push Hips Left	Pivot Turn x 2 (alt Rocking Chair) Hip Bumps x 4	9
64	Restart: On wall 3 dance to Beat 16 (#) and restart facing 6 o'clock.		